

## CAREER EXPLORER QUESTIONNAIRE

To better understand your current work situation, career transition and/or job search, complete this questionnaire. It will not only help you see “where you are” but it will also help you communicate to others who can help you – especially in career groups, workshops and 1-on-1 coaching.

Name \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP Code \_\_\_\_\_

Preferred Phone \_\_\_\_\_ Email \_\_\_\_\_

Are you currently employed?     Yes         No

If you are currently employed, are you: *(check all that apply)*

- Thinking about leaving?
- Concerned that you are going to be let go?
- Wanting to go somewhere else?
- Considering an offer to go somewhere else?

If you are currently employed, how do you feel about your job? *(check only one)*

- I am fully employed—called and content.
- I love my job, but something is missing.
- I like my job.
- I tolerate my job.
- I dislike my job.
- I hate my job.

If you hate, dislike, or tolerate your job, what’s the problem?

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Are you currently: *(check only one)*

- Actively seeking a job?
- Thinking about looking for a job?
- Not thinking about looking for a job, but wondering what’s out there?

If you are looking for a job, how long have you been looking? *(check only one)*

- 1 week
- 1 month
- 3 months
- 6 months
- More than 6 months

If you are looking for a job, how soon do you have to have work of some kind? *(check only one)*

- Immediately
- Less than 1 month
- 1 month
- 2 month
- 3 months or more

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Name \_\_\_\_\_

How would you rate your attitude? *(circle only one)*

<i>Really Negative</i>							<i>About Average</i>			<i>Very Positive</i>
1	2	3	4	5	6	7	8	9	10	

Have you taken any type of career assessment?  Yes  No

If yes, what? \_\_\_\_\_

How clear are you about what your next career move will be?

<i>Not at all clear</i>								<i>Very clear</i>	
1	2	3	4	5	6	7	8	9	10

How satisfied are you with your resume?

<i>Not satisfied</i>								<i>Very satisfied</i>	
1	2	3	4	5	6	7	8	9	10

How well networked are you in your community, profession or industry? *(circle only one)*

<i>Not at all networked</i>				<i>Moderately well-networked</i>				<i>Well-networked</i>	
1	2	3	4	5	6	7	8	9	10

How many interviews have you had in the last 30 days? \_\_\_\_\_

If you had an interview tomorrow, how prepared are you?

<i>Not prepared</i>								<i>Very prepared</i>	
1	2	3	4	5	6	7	8	9	10

How clear are you about what you want in your next job?

<i>Not clear</i>								<i>Very clear</i>	
1	2	3	4	5	6	7	8	9	10

Do you have any sense of what God wants for you in this stage of life?  Yes  No

If yes, what do you think? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Go to [www.CrossroadsCareer.org](http://www.CrossroadsCareer.org)

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