

Face the Fear


Take courage! Fight the good fight with these one-two punches of truth.

For God has not given us a spirit of fear and timidity, but of power, love and self-discipline. 2 Timothy 1:7 NLT

*There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love.
1 John 4:18 NIV*

Now take these three steps to fight your fears...

1. List what makes you anxious, followed by actions to face fears based on the verses above...

 People, Places, Things and Activities You Fear in Job/Career Search	Specific Actions for Moving through Your Fears

2. Ask people who care about you whom you trust - family, friends, workmates, pastor - to pray for and encourage you.

 Write Their Names Here

When fear appears, greet it with this prayer from Neil T. Anderson's *Freedom from Fear*

"In the name and by the authority of the Lord Jesus Christ, I bind all lying spirits causing fear and anxiety in me. God has not given me a spirit of fear and timidity, but of power, love and discipline. I, therefore, reject all fear and choose to walk by faith in the Holy Spirit's power, live in the light of God's love, and think with the sound mind of Christ."